



CREATING CALM CHOICES

WHY CALM?

- Calm dogs make great choices
- Reserves energy for training and FUN!

ENRICHMENT

- Work your dog's brain to create a happy, tired dog
- Calm activities that use natural instincts, hunting, chewing, licking, and sniffing

ENABLING REST

- Most dogs do not get enough daily rest
- Provide down times in gated areas, separate rooms or crates
- Experienced dogs will make the choice to rest

CAPTURING CALM

- Reward choices to be calm, sleeping, or still
- Place food on the ground or feed slowly to mouth
- The more calmness you capture the more it will be offered