

DID YOU JUST ADOPT A DOG?

learn about the 3/3/3 rule

A close-up photograph of a dog's face, partially obscured by a blue-tinted overlay. The dog is lying down, and a blue ball with paw prints is visible in the foreground.

**3 DAYS OR MORE
TO DECOMPRESS**

A photograph of a dog's head and shoulders, looking out from behind a green door. The dog is holding a black leash in its mouth.

**3 WEEKS TO
KNOW YOUR
ROUTINE**

A photograph of a dog's head, looking up and to the left. The background is a blurred crowd of people, suggesting a social or public setting.

**3 MONTHS OR
MORE TO FEEL
AT HOME**



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